

KIDS MENU

WHY NOT TRY OUT SOME SIMPLE PHRASES ON OUR TEAM?











BREAKFAST

AVAILABLE UNTIL 11AM


LES ENFANTS!
BUILD YOUR OWN £7.50

Choose your favourite 4 items:

Vegan sausage (91KCAL) , Heinz baked beans (74KCAL) ,
Potato puffs (123KCAL) , Fried egg (115KCAL) ,
Scrambled egg (132KCAL) , Cumberland sausage (168KCAL),
Back bacon (415KCAL), Wild mushrooms (57KCAL) ,
Toast & Flora (183KCAL) ,
Seeded gluten-free toast & Flora (168KCAL) 

FRENCH TOAST £7.95

Choose from:

Back bacon & salted caramel (415KCAL)
Fresh strawberries & salted caramel (335KCAL) 



MAINS

AVAILABLE FROM 11AM

CROQUE MONSIEUR £7.50

Sourdough, béchamel sauce, Cheddar,
mozzarella, Wiltshire ham (635KCAL)

Add crispy skin-on fries (251KCAL) £2.70

Add fine beans (146KCAL) £2.70

BABY BALZAR BURGER (954KCAL) £7.50

Back bacon, emmental cheese, mayo, baby gem lettuce

Add crispy skin-on fries (251KCAL) £2.70

Add mixed salad leaves (14KCAL) £2.70


GRILLED CHICKEN BREAST BURGER (672KCAL) £7.50

Back bacon, emmental cheese, mayo, baby gem lettuce

Add crispy skin-on fries (251KCAL) £2.70

Add mixed salad leaves (14KCAL) £2.70

TOMATO PASTA WITH GARLIC BREAD £7.50

Penne pasta tubes, creamy tomato sauce,
hidden veggies, mini garlic bread (532KCAL) 

Add mixed salad leaves (14KCAL) £2.70



DRINKS

ALL
£2.00

APPLE JUICE (107KCAL) 

FRESH ORANGE JUICE (85KCAL) 

CRANBERRY JUICE* (109KCAL) 

PINEAPPLE JUICE (124KCAL) 

TOMATO JUICE (45KCAL) 

ORANGE JUICE (107KCAL) 

COCA-COLA (91KCAL) 

DIET COKE (1KCAL) 

COKE ZERO (1KCAL) 

SCHWEPPE'S SLIMLINE

LEMONADE (4KCAL) 

FANTA ZERO (2KCAL) 

FRUIT SHOOT 

Apple & blackcurrant (28KCAL), Orange (14KCAL)

STILL WATER ON US! (0KCAL)



DESSERT

DAIRY ICE CREAM  £2.70

Two scoops. Choose your favourite flavour:

Chocolate (156KCAL), Vanilla (166KCAL), Strawberry (164KCAL)

 Vegetarian  Gluten Free  Plant Based

*Cranberry juice-drink. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For the latest calorie information please visit www.restaurantallergens.com/balzarmcr. Gluten free means these dishes do not contain gluten as an ingredient. Vegetarian means these dishes are made from ingredients that do not contain meat or fish. Plant based means these dishes are made from ingredients that do not contain any animal products. However, we do not have dedicated preparation or cooking areas within our kitchen for vegetarian, vegan or gluten free food. +Our fish is a natural product & may contain small bones. Not all ingredients are shown in the dish descriptions. We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you to speak to a member of staff if you have any food allergies or intolerances. For full details visit www.restaurantallergens.com/balzarmcr. TRG Concessions only use RSPCA Assured™ shell eggs in our restaurants. This means we use suppliers and farmers that adhere to the RSPCA welfare standard and have been checked by RSPCA assessors. 1955KIDSMENU0323