



bar mcr
BREAKFAST

We accept Visa, MasterCard, Maestro and American Express. All major currencies are accepted. All prices are inclusive of VAT at the current rate. We welcome your feedback, please speak to a member of our management team or email us at: concessions@trgplc.com 0619

VEGETARIAN

These dishes do not contain meat or fish, however we do not have a dedicated preparation or cooking area within our kitchen for vegetarian food.

ALLERGIES

We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you to speak to a member of staff if you have any food allergies or intolerance.

SUSTAINABILITY

We source all of our fish from responsible sources, where possible.

In a HURRY?

IF YOU'RE IN A HURRY, WE'LL AIM TO SERVE YOUR FOOD IN 15 MINUTES OR ASK US FOR THE BILL WHEN ORDERING.

Big FRY UPS

ENGLISH BREAKFAST 8.95

Cumberland sausage, back bacon, fried or scrambled egg, baked beans, tomato, mushroom and hash brown

VEGGIE BREKKIE ^V 8.75

Fried or scrambled egg, vegetarian sausage, hash brown, tomato, baked beans and mushroom

Fit for a king!

THE KING'S BREAKFAST 11.95

Two Cumberland sausages, two back bacon rashers, two fried or scrambled free range eggs, black pudding, tomato, baked beans, mushrooms & hash brown

Enjoy with a

FRESH ORANGE JUICE 3.15

BREKKIE Favourites

BACON & EGGS 7.60

Back bacon and fried or scrambled free range eggs on toast

SMOKED SALMON & SCRAMBLED EGGS 9.50

Smoked salmon and free range scrambled eggs on toast

SCRAMBLED EGGS ^V 7.10

Free range scrambled eggs with tomato on toast

BREAKFAST BAP 5.90

Choose from bacon, Cumberland sausage or fried egg served in a bun

Have it all!

THE FULL WORKS BAP 8.95

Cumberland sausage, back bacon & fried egg, in a bun served with hash browns

BLACK PUDDING £1
SMOKED SALMON £3

Why not add to your brekkie favourites?

SMASHED AVOCADO £2
HASH BROWNS £2

LIGHTER & BRIGHTER

SMASHED AVOCADO ON TOAST ^V 7.95

Avocado and homemade tomato salsa on toast

Add smoked salmon for 3.00

WHOLESOME PORRIDGE ^V 4.55

Made with your choice of milk, unsweetened soya milk or water.

Choose from:

Blueberry Compote | Honey | Strawberry & Banana

FRESH FRUIT GRANOLA CRUNCH ^V 6.10

Fruit and nut granola topped with Greek style yoghurt and fruit

BAKERY

TOAST 2.50

with butter ^V

Add preserves 85p

FRESHLY BAKED DANISH PASTRIES ^V 2.75

FRESHLY BAKED CROISSANT ^V 2.50

Add preserves 85p

FANCY A BREW?

AMERICANO 2.90 ESPRESSO reg 2.40 | lrg 2.80

LATTE 3.15 MACCHIATO reg 2.45 | lrg 2.85

CAPPUCCINO 3.15 HOT CHOCOLATE 3.20

FLAT WHITE 3.15 HOT CHOCOLATE WITH CREAM 3.35

MOCHA 3.15 TEA 2.45
A selection of regular, fruit and herbal teas

SOYA MILK AVAILABLE

Please ask when ordering if you'd prefer this

WANT THE TASTE WITHOUT THE BUZZ?

Any of our coffees can be made as decaf

WANT EXTRA BUZZ?

Add an extra shot of espresso for just 50p

HAIR OF The dog?

MIMOSA ^V 8.45

Good morning sunshine! Prosecco and fresh orange juice

BLOODY MARY ^V 9.95

Smirnoff Vodka, salt, pepper, Worcestershire sauce, served tall over tomato juice with a dash of Tabasco

GLUTEN FREE?

Gluten free dishes are available. Please ask your server

GAGGIN' FOR A DRINK?

Check out our drinks menu for the full range