

Svegliati!

San Carlo Bellini 12.75
Prosecco, Crème de Pêche,
peach purée

Bloody Mary 14.00
Vodka, tomato juice, Tabasco, Worcestershire
sauce, celery, sea salt, black pepper

Mimosa 12.50
Prosecco, orange juice

BREAKFAST CLASSICS

San Carlo Grande *back bacon, Cumberland sausages, roasted cherry tomatoes, flat mushroom, baked cannellini beans, crispy potato cakes, toasted sourdough bread & fried eggs* 17.75
(1492 kcal or scrambled eggs 1360 kcal)

San Carlo Verde *grilled courgette & aubergine, baked cannellini beans, vegan sausages, roasted cherry tomatoes, sautéed spinach, flat mushroom & toasted sourdough bread* (rg) 1002 kcal
ADD *fried* 332 kcal or *scrambled* 257 kcal eggs (v) 2.75

Italian Pancake Stack 12.50

with a choice of:
warm NUTELLA®, strawberry & sliced banana (v) 1150 kcal
or fresh strawberries & maple-flavoured syrup (v) 563 kcal

Salmon & Scrambled Eggs *Atlantic smoked salmon on toasted sourdough bread with roasted cherry tomatoes & chives* 16.50
(821 kcal)
GF bread available on request (ng) 866 kcal

Wild Mushrooms on Toast *with sherry vinegar, cream & truffle oil on toasted sourdough bread* (v) 621 kcal
GF bread available on request (ng) 563 kcal

Frittata *served with roasted cherry tomatoes, choose from:*
Ham, mozzarella & pecorino (ng) 537 kcal 12.00
Pancetta, mushrooms & pecorino (ng) 596 kcal 12.00
Spinach, peas & mozzarella (v)(ng) 465 kcal 12.00

Italian Poached Eggs

with basil hollandaise on toasted sourdough bread
GF bread available on request (ng) +46 kcal
Eggs Benedict *with prosciutto crudo* 642 kcal 14.50
Eggs Florentine *with baby spinach and mushrooms* (v) 618 kcal 14.50
Eggs Royale *with smoked salmon* 666 kcal 15.00

Patate Al Forno Picante *herby potatoes baked with nduja, sundried tomatoes, olives, mozzarella, Gran Levanto, chilli mayo & poached egg* (ng) 655 kcal 12.50

SANDWICHES

in thick white toast with roasted tomatoes on the side

Full Works 12.00

sausage, bacon & fried egg 1412 kcal

Grilled Cumberland Sausage 886 kcal 9.00

Back Bacon 812 kcal 9.00
GF bread available on request (ng) 744 kcal

Smashed Avocado, Grilled Aubergine & Courgette (rg) 620 kcal 10.25
GF bread available on request (v) (ng) 551 kcal

ADD a fried egg (v) +166 kcal 2.75

ADD *crispy potato cakes* (v) +229 kcal 4.75

LIGHT & FRESH

Smashed Avocado *on toasted sourdough bread with basil ricotta cheese & fresh tomatoes* (v) 486 kcal 11.50
Ask to go vegan (rg) 587 kcal
GF bread available on request (v)(ng) 532 kcal
ADD *poached eggs* (v) +155 kcal 2.75

Fig & Walnut Granola *with fresh fig, candied walnuts, coconut yoghurt, maple-flavoured syrup & cinnamon* (vg)(ng) 845 kcal 10.50

Porridge *made with a choice of coconut* (vg) 305 kcal or *semi skimmed milk* (v) 347 kcal 7.00
ADD *fresh berries* (rg) +32 kcal 0.75
ADD *banana & NUTELLA®* +373 kcal 0.75

BREAD & PASTRIES

Toasted Sourdough Bread & Preserves (v) 487 kcal 4.75
Ask to go vegan (rg) 501 kcal

Gluten Free Toast & Preserves (v) (ng) 335 kcal 4.75

Croissant *with butter & preserves* (v) 443 kcal 4.75

(v) Vegetarian (rg) Vegan
(ng) Made with ingredients that do not intentionally contain gluten

If you have any food allergies or intolerances please speak to a member of the team before you order. Adults need around 2000 kcal a day.

SOFT DRINKS

Still Water Sparkling Water 750ml 0 kcal	5.00
Fruit Juices	4.20
<i>orange</i> 136 kcal, <i>apple</i> 108 kcal, <i>cranberry**</i> 147 kcal, <i>pineapple</i> 147 kcal, <i>tomato</i> 40 kcal	
Coca-Cola 142 kcal	4.75
Diet Coke 1 kcal Coke Zero 1 kcal Sprite Zero 3 kcal	4.50
Coca-Cola Original Glass Bottle 139 kcal	4.25
Diet Coke Glass Bottle 1 kcal	4.00
Sanbitter Rosso 100ml	3.20
<i>bittersweet non-alcoholic aperitif</i> 42 kcal	
Crodino 100ml	3.20
<i>bittersweet non-alcoholic aperitif</i> 50 kcal	
Fever-Tree Mixers 200ml	4.00
<i>Indian Tonic</i> 72 kcal <i>Light Tonic</i> 30 kcal <i>Elderflower Tonic</i> 68 kcal <i>Mediterranean Tonic</i> 72 kcal <i>Ginger Ale</i> 68 kcal <i>Ginger Beer</i> 80 kcal <i>Lemonade</i> 70 kcal <i>Soda Water</i> 0 kcal	
Fever-Tree Sparkling Softs 275ml	4.20
<i>Raspberry Lemonade</i> 50 kcal <i>Sparkling Elderflower</i> 50 kcal	

HOT DRINKS

Oat, coconut and decaf options are available.

Espresso 1/2 kcal	<i>single</i> 3.50 <i>double</i> 4.00
Macchiato 5/10 kcal	<i>single</i> 3.50 <i>double</i> 4.00
Americano 1 kcal	4.00
Cappuccino 193 kcal	4.50
Café Latte 197 kcal	4.50
Flat White 67 kcal	4.50
Mocha 258 kcal	4.75
Hot Chocolate 297 kcal	4.75
Breakfast Tea 0 kcal	3.75
Fruit & Herbal Teas 0 kcal	3.80

Ask a team member for today's choices

(v) Vegetarian (vg) Vegan (ng) Made with ingredients that do not intentionally contain gluten
If you have any food allergies or intolerances please speak to a member of the team before you order, and ask to see our interactive allergen guide with the 14 legally defined allergens. We take every care to prevent cross-contamination but can't guarantee your dish will be free from allergenic ingredients as our food and drinks are prepared in busy kitchens where cross-contamination may occur. Menu descriptions don't list all ingredients, and recipes are subject to change. Adults need around 2000 kcal per day. For full allergen and nutritional information visit tkmenus.com/sancarlo. Prices stated are GBP and include VAT at the current rate. All major credit cards and currencies accepted. Gratuities are discretionary and distributed 100% to our team. We welcome your feedback - email: guestexperience@trgplc.com or post: trge, 5-7 Marshalsea Road, London, SE1 1EP www.trgconcessions.co.uk | 1125

