### PETIT

#### MARINATED OLIVES

(106CAL) VG £5.25

### **CRISPY CAULIFLOWER BITES**

(381KCAL) VG £8.50

Battered and fried cauliflower, served with vegan mayonnaise

CALAMARI (858KCAL) £9.95

Lightly floured & fried, with aioli, fresh lemon

#### FRENCH ONION SOUP (453KCAL) £8.95

Caramelised red onion soup, served with an emmental croute

#### **SOURDOUGH BAGUETTE**

(452KCAL) VG £5.25

Sliced baguette, served with melted garlic & herb spread

#### **CHICKEN WINGS**

(1145KCAL) £9.95

Crispy wings with a delicious honey mustard dressing

#### BAKED BRIE (987KCAL) £11.25

Studded with garlic cloves & rosemary, and served with slices of artisan baquette



### GRANDE ~



#### **HEARTY & DELICIOUS**

#### CAFÉ BALZAR BURGER

£13.50

Back bacon, emmental cheese, caramelised onion marmalade, truffle mayo & lettuce Choose: grilled chicken breast (1088KCAL) or beef patty (1225KCAL)

Add crispy skin-on fries (452KCAL)

£4<sup>50</sup>

### VIVA LA BEETROOT

BURGER (871KCAL) VG

£12 95

Beetroot & grain patty, caramelised onion marmalade, vegan mayo, baby gem lettuce, fresh sliced avocado

*Add crispy skin-on fries* (452KCAL)

£15.95

### STEAK SANDWICH (1287KCAI)

Schnitzel steak with melted emmental cheese & truffalo mayonnaise served with salad in a baguette

#### PAN FRIED SALMON (822KCAL)

Salmon fillet<sup>+</sup>, served with asparagus, fine beans, cucumber ribbons and béarnaise sauce

SPICED CHICKEN (723KCAL)

Garlic and herb marinated chicken, nduja, olives & capers served with new potatoes and topped with Sriracha

### **CANNELLINI BEAN**

CASSOULET (674KCAL)

£12 95

£14.95

Cannellini beans, fresh herbs, black olives, capers, pomodorella sauce, vegan style feta, served with slices of artisan baguette

Add a mixed leaf salad (46KCAL) 🚾

£4.50

#### GRANDE BRUNCH (728KCAL)

£11.00

Back bacon, Cumberland sausage, roasted tomato, wild mushrooms, Heinz baked beans, fries, your choice of egg; fried (1048KCAL) or scrambled (1135KCAL)

### **JARDIN BALZAR**

BRUNCH (728KCAL) VG

£11.00

Vegan sausage, wild mushrooms, roasted tomato, Heinz baked beans, fries, sliced avocado, mixed grains

Add fried (115KCAL) or scrambled (265KCAL) egg 🖤

£2.50



## C'EST MAGNIFIQUE STEAK FRITES

£22.75

Our 6oz\* schnitzel steak, served with crispy skin-on fries and a side salad with a honey mustard dressing (1136KCAL)

> With a side of either: Béarnaise (158KCAL) or peppercorn sauce (57KCAL)



## CROQUES

#### CROQUE MONSIEUR (653KCAL)

£9.25

A mix of Cheddar & Mozzarella with Wiltshire ham, in sourdough bread covered in bechamel sauce

#### CROQUE MADAME (768KCAL)

£10.75

A mix of Cheddar & Mozzarella with Wiltshire ham, in sourdough bread covered in bechamel sauce with a fried egg on top

Frites were first fried up by Parisian street vendors just before the start of the French Revolution in 1789. "Let them eat brioche" said Queen Marie Antoinette about the revolutionaries. Why not frites instead?

## SALADE

### **POULET SALAD**

(638KCAL) £12.95

Marinated chicken breast served over steamed broccoli, french beans, mixed leaves, crushed hazelnuts and a honey mustard dressing

### **VEGAN NON-COISE SALAD**

(580KCAL) VG £12.95

Sliced avocado over torn lettuce, cherry tomatoes, french beans, baby potatoes, vegan style feta and a tangy pineapple dressing

### SALMON NICOISE SALAD

(857KCAL) £12.25

Flakes of salmon+ served over lettuce, cherry tomatoes, french beans, baby potatoes, mixed olives, a soft boiled hen's egg with a honey mustard dressing

## -EN PLUS-

MIXED LEAF SALAD (45KCAL) VGGF £4.50 Pineapple dressing

SKIN-ON-FRIES (452KCAL) & £4.50

Add gran levanto shavings & truffle oil (+57KCAL) **£2**.00

SWEET POTATO FRIES (623KCAL) © £5.50

FINE BEANS (146KCAL) GG £4.50 Pan fried garlic fine beans



### APPLE TART

(475KCAL) \$\infty\$ £7.00

Warm apple tart served with vanilla ice cream & salted caramel sauce

### TARTE AU CITRON

(401KCAL) \$\infty\$ \(\frac{1}{2}\) \(\frac{1}{2}\)

a tangy treat, served with fresh berries

### CHOCOLATE FONDANT

(638KCAL) \$\infty\$ £7.50

Warm melt in the middle pudding served with vanilla ice cream & chocolate sauce

#### DAIRY ICE CREAM £6.00

Three scoops of your favourite combination of: Vanilla (234KCAL), Chocolate (249KCAL), Strawberry (246KCAL)

Adults need around 2000 kcal a day.
We advise you to speak to a member of staff if you have any food allergies or intolerances. For full details visit www.restaurantallergens.com/balzarmcr

## BREAKFAST — PLATES —

THE GRANDE BREAKFAST £ 11.00 Back bacon, Cumberland sausage, half a roasted tomato, wild mushrooms, Heinz baked beans & potato puffs. Served with your choice of egg; fried (1043KCAL) or scrambled (1127KCAL) £11.00 JARDIN BALZAR BREAKFAST (723KCAL) Vegan sausage, wild mushrooms, half a roasted tomato, Heinz baked beans, mixed grains and potato puffs, sliced avocado £2.50 Add fried (115KCAL) or scrambled (265KCAL) egg • **BALZAR FRENCH TOAST** £10.25 Either: Back bacon with burnt butter, toasted hazelnuts & salted caramel (1068KCAL) Or: Blueberry compote and creme fraiche with burnt butter, toasted hazelnuts & salted caramel (1051KCAL) AVOCADO & EGGS (443KCAL) £12.00 Crushed avocado with fresh lime & chilli, poached egg,

\*Add smoked salmon (+116KCAL) £5.25



#### CROQUE MONSIEUR

Omega seeds, sourdough toast & a zingy pineapple dressing\*

Go Gluten-Free! Gluten-free toast (+92KCAL) ♥

(653KCAL) £9.25

Sourdough, bechamel sauce, Cheddar, mozzarella, Wiltshire ham

### CROQUE MADAME

(768KCAL) £10.<sup>75</sup>

Sourdough, bechamel sauce, Cheddar, mozzarella, Wiltshire ham, fried egg

Make it a meal and add potato puffs (452KCAL) £4.50

Croque Monsieur (cheese and ham toastie) translates as 'Mr Crunch' while Croque Madame (the same with a fried egg on top) translates as "Mrs Crunch".

No one knows why they're called this.

### BAGUETTES

Add potato puffs (452KCAL) VG £4.50

# GRANDE BREAKFAST BAGUETTE (1088KCAL) £10.00

Crusty baguette, pan fried garlic mushrooms, back bacon, Cumberland sausage, fried egg, butter

### JARDINIER BAGUETTE (859KCAL) © £9.00

Crusty baguette, pan fried garlic mushrooms, vegetable sausages, flora

#### TRADITIONAL BREAKFAST BAGUETTES

*Crusty baguette and your choice of filling:* 

BACK BACON (793KCAL) £7.50

FRIED EGGS (733KCAL) 2 £7.50

CUMBERLAND
SAUSAGES (839KCAL) £7.50

### 17%

## EGGS EN CROISSANTS

A Balzar twist on the traditional. Two poached eggs served on an all-butter croissant and smothered in hollandaise sauce

#### CLASSIC BENEDICT (742KCAL) £10.00

Served with Wiltshire ham, poached eggs, butter croissant, hollandaise, paprika

### FLORENTINE (702KCAL)

£10.00

Served with wilted spinach, poached eggs, butter croissant, hollandaise, paprika

#### ROYALE (796KCAL)

£11.<sup>50</sup>

Served with smoked salmon, poached eggs, butter croissant, hollandaise, paprika



## BOULANGERIE 🥕

CROISSANT (352KCAL) £3.75

Add butter (92KCAL), Flora (124KCAL), marmalade (72KCAL)

PAIN AU CHOCOLAT (376KCAL) £3.75

ALMOND CROISSANT (391KCAL) £3.75

PAIN AU RAISIN (325KCAL) 2 £3.75

#### SOURDOUGH TOAST £3.75

With marmalade & butter (405KCAL) With marmalade & Flora (438KCAL)

GLUTEN FREE TOAST (376KCAL) @ £3.75

With marmalade & butter

Adults need around 2000 kcal a day

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