MAIN MENU

BRIDGEWATER EXCHANGE

· M A N C H E S T E R ·

Small Eats

Ultimate Bridgewater Nachos V 12.00

Crunchy tortilla chips topped with jalapeno cheese sauce, tomato salsa, grated Cheddar cheese, smashed avocado, sour cream and sprinkled with fresh chillies, coriander and spring onion (1623 kcal) Add Bury Black Pudding 2.25 (+97 kcal)

Sticky Chicken Wings 6.75

Tossed in your choice of BBQ (1004 kcal) or Curry (903 kcal), with a little extra on the side for dipping. Sprinkled with fresh chillies, coriander and spring onion

Fried buttermilk chicken served with jalapeno jelly (634 kcal)

Panko Coated Prawns 9.00

With garlic aioli, fresh lime and chilli flakes (684 kcal)

Halloumi Fries V 6.75

Served with jalapeno jelly (490 kcal)

Mac & Cheese Fritters V 9.00

Served with vegan sriracha mayo (650 kcal)

Spicy Cauliflower Bites VG 6.25

Crispy cauliflower bites served with vegan sriracha mayo (324 kcal)

Hummus & Crudites VG 6.75

Traditional hummus served with fresh cut radishes, carrots, cucumber and toasted flat bread (758 kcal)

> Gin to start instead? Try a **Manchester Wild Spirit G&T 11.75**

FISH & FIELD

Beer Battered Fish & Chips† 17.75

Hand battered with Joseph Holt Ale batter and served with Manchester caviar (mushy peas!), tartare sauce and a fresh lemon wedge (1318 kcal)

Add curry sauce (+34 kcal) 1.50 Add bread & butter (+335 kcal) 2.50

Fish Finger Barm[†] 12.25

Crispy battered cod fingers topped with tartare sauce and fresh watercress sandwiched in a soft bun. Served with chunky chips and mushy peas (1292 kcal)

Veg Makhani VG 14.00

Lightly spiced makhani curry with mixed garden veg. Served with basmati rice, garlic & coriander naan & mango chutney (977 kcal) Go Gluten Free!

Our delicious curry without the naan GF (734 kcal) 13.00

Mac & Cheese V 9.00

Bridgewater signature mac & cheese, served with a mini side salad (771 kcal)

Add Bury Black Pudding 2.25 (+97 kcal)

Veg Market Brunch VG 12.25

Vegan sausages, roasted peppers, flat mushroom, smashed avocado. roasted tomato, chunky chips, mixed grains and baked beans (905 kcal) Add fried (+230 kcal) or scrambled eggs V (+343 kcal) 2.75

Joseph Holt's Lancashire Cheese & Onion Pie V 14.00 🛊

Shortcrust pastry filled with Lancashire cheese and onion served with buttery mash, gravy and garden vegetables (1633 kcal)

Grains & Greens Salad VG 11.75

Fresh mixed leaves, grated carrot with mixed grains with a pineapple dressing (141 kcal) Add crumbled vegan style feta (+183 kcal) 3.25 Add freshly grilled chicken breast (+195 kcal) 3.25

These dishes pair best with our... South African Cullinan View Chenin Blanc 9.75 250ml

CHEESY TOASTIES

Topped with melted mature Cheddar & mozzarella, served with chips or a side salad

Ham & Cheese Melt 9.75

Sliced Wiltshire ham with mature Cheddar cheese in thick white bloomer bread

Choose from: chips (1167 kcal) or a salad (792 kcal)

Chicken & Brie 9.75

Grilled chicken breast pieces with gooey brie and back bacon in thick white bloomer bread Choose from: chips (1288 kcal) or a salad (914 kcal)

Veg Market Melt V 9.75

Sliced grilled halloumi, flat mushrooms and red pesto in thick white bloomer bread Choose from: chips (1292 kcal) or a salad (917 kcal)



Try our house brew; Bridgewater Ale 5.80

FROM THE HERD

Steak & Ale Pie 16.00

Served with creamy mash, rich onion gravy and garden vegetables (1020 kcal)

Butter Chicken Curry 14.00

Lightly spiced makhani curry with tandoori chicken thigh pieces. Served with basmati rice, garlic & coriander naan and mango chutney (1468 kcal)

Go Gluten Free!

Ask for your curry without the naan GF (1225 kcal) 13.00

All Day Brunch 13.45

Blakeman's Cumberland pork sausages, back bacon, Bury black pudding, fried or scrambled eggs, baked beans, flat mushroom, roasted tomato and chunky chips

Choose from: fried (1354 kcal) or scrambled (1369 kcal) eggs

Ham, Egg & Chips 12.25

Thick slices of Wiltshire ham served with two fried eggs, chunky chips and English mustard (934 kcal) Go Gluten Free!

Same great dish without the mustard GF (825 kcal)

Black Pudding Mac & Cheese 11.25

Bridgewater signature mac & cheese, topped with a Bury black pudding crumb and served with a mini side salad (1435 kcal) Go veggie! 9.00

Ask for your macaroni without the black pudding V (1314 kcal)

Bangers & Mash 14.50 🕷 🚳

Blakeman's Cumberland sausages with creamy mash and Joseph Holt Ale and onion gravy (825 kcal) Add Mixed Veg on the side (+174 kcal) 4.25

Smoky Chicken Caesar 13.50

Freshly grilled chicken breast on a bed of baby gem lettuce, Gran Levanto shavings and crunchy croutons, all drizzled with a smoky Caesar dressing (709 kcal)

Go veggie! 11.25 Ask for your salad without the chicken V (514 kcal)

These dishes pair best with our... Chilean Los Romeros Malbec 10.00 250ml

BURGERS

All served in a soft bun. Add chunky chips (401 kcal) to any burger for 3.00

Cheese & Bacon Burger 14.00

Our juicy beef burger with sliced tomato, red onion, baby gem lettuce, tomato and chilli relish, mayo and sliced gherkins. All topped with Cheddar cheese and back bacon (1186 kcal)

MCR Special 16.25

Our delicious beef burger topped with a hash brown, back bacon, Cheddar cheese, Bury black pudding, ale onions, house brown sauce and fresh watercress (1239 kcal)

Beetroot & Quinoa Burger VG 14.00

A soft vegan patty topped with smashed avocado, grilled peppers, sliced tomato, chilli relish and fresh watercress (708 kcal)

Spicy Chicken Burger 14.00

Freshly grilled chicken breast topped with Cheddar cheese, sliced tomato, sliced red onion, jalapenos, gherkins, tomato and chilli relish, baby gem lettuce and mayo (740 kcal)



For every Spicy Chicken burger sold we'll donate 50p to 'The School Club Zambia', a UK charity that exists to support schools in Zambia and their pupils. To find out more visit www.schoolclubzambia.org

V Vegetarian VG Vegan GF No Gluten

V These dishes are made from ingredients that do not contain meat or fish. VG These dishes are not made with any animal products. GF Dishes are made from products which do not contain gluten as an ingredient. However we do not have a dedicated preparation or cooking area for vegetarian, vegan or gluten free food. *Fish dishes may contain small bones. TRG Concessions only use RSPCA™ Assured Free Range eggs in our restaurants. We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you speak to a member of staff if you have any food allergies or intolerance. Or visit our interactive site for more details www.restaurantallergens.com/bridgewater. Adults need around 2000 kcal a day. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For the latest calorie information please visit our website. We accept Visa, MasterCard, Maestro and American Express. All major currencies are accepted. All prices are inclusive of VAT at the current rate. All prices are in pound sterling. We welcome your feedback, please speak to a member of our management team or email us at: concessions@trgplc.com | 0223

TOP SIDES

Chunky Chips VG GF 4.75

with mayo V GF (747 kcal) or BBQ VG GF (482 kcal) Smother with curry sauce V GF (+31 kcal) 1.50 Cover in rich onion gravy VG GF (+18 kcal) 1.50

Mixed Vegetables V GF 4.25

Broccoli, cauliflower, carrots, green beans and mangetout (140 kcal)

House Side Salad VG GF 4.25

Mixed salad leaves served with cucumber slices, cherry tomatoes and mint leaves, drizzled with pineapple dressing (27 kcal)

Beer Battered Onion Rings VG (365 kcal) 4.25

Manchester Caviar VG GF (88 kcal) 1.50 House mushy peas

Salted Caramel Cheesecake V 7.50

Vanilla cheesecake with salted caramel sauce and homemade Vimto compote (492 kcal)

Sticky Toffee Pudding V 8.25

With salted caramel sauce and vanilla ice cream (807 kcal) **Bread & Butter Pudding V 7.00**

Served with vegan custard and vanilla ice cream (544 kcal) Dark Chocolate Torte VG GF 8.25

Dark chocolate & coconut torte served with vegan stracciatella ice cream (527 kcal)

Manchester Tart V 8.25

A shortcrust pastry tart filled with raspberry jam, custard & Chantilly cream, sprinkled with coconut, topped with fresh raspberries (227 kcal)

Ice Cream Selection 6.75

Three scoops of your choice from: vanilla V (82 kcal per scoop), chocolate V (87 kcal per scoop), strawberry V (86 kcal per scoop), stracciatella VG (92 kcal per scoop)



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