THEY'RE BACKKKKKKK

The absolute duo of dreams, but you're not dreaming. You're awake.

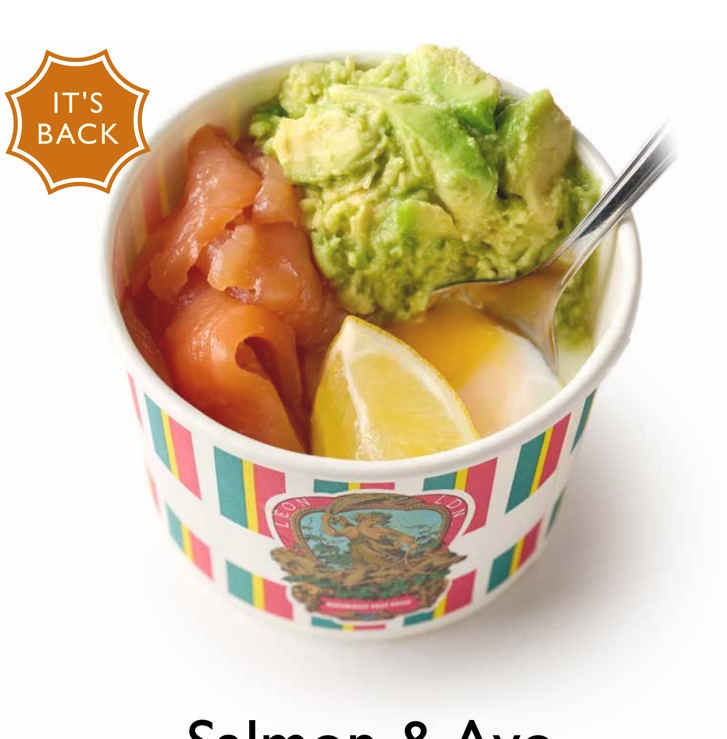


TRUFFLE GRUYÈRE & HAM HOCK

6.50 229 Kcal

Contains: Celery, Egg, Milk

GF 15g PROTEIN



Salmon & Avo

7.20 611 Kcal

Contains: Egg, Fish
Although every care has been taken to remove bones, some may remain.

GF 13g PROTEIN

Do let us know if you have any allergies so we can guide you through our menu and ingredients. Please note we handle all allergens in our restaurant and cannot guarantee an allergen-free environment.
Adults need around 2000 kcal a day.

POACHED EGG POTS

ALL OF OUR EGGS ARE FREE-RANGE



Green Shakshuka & Halloumi

6.00 351 Kcal

Contains: Egg, Milk

V GF IO 25g PROTEIN



Full English

6.50 367 Kcal

Contains: Egg

GF 24g PROTEIN



Red Shakshuka

NEW RECIPE

6.00 165 Kcal

Contains: Egg, Milk

V GF 10g PROTEIN



Saucy Beans

4.20 174 Kcal

Contains: Egg

V GF 11g PROTEIN

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BIG BREAKFAST SANDOS

PROTEIN PACKED & STACKED



Korean Chicken & Egg

NEW RECIPE

7.29 681 Kcal

Contains: Egg, Gluten (Wheat), Milk, Soya

34g PROTEIN

CHOOSE A GLUTEN-FREE BUN FOR +£1



Halloumi, Egg & Avo

NEW RECIPE

7.29 610 Kcal

Contains: Celery, Egg, Gluten (Wheat), Milk

V 31g PROTEIN

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SOURDOUGH MUFFINS

ADD AN EXTRA EGG FOR £0.99 85 Kcal



Sausage & Egg

5.99 462 Kcal

Contains: Celery, Egg, Gluten (Rye, Wheat)

26g PROTEIN



Bacon & Egg

5.99 431 Kcal

Contains: Celery, Egg, Gluten (Rye, Wheat)

24g PROTEIN



Vegan Sausage*

5.99 293 Kcal

Contains: Celery, Gluten (Barley, Oat, Rye, Wheat), Soya

VE 10g PROTEIN

* NOT AVAILABLE AS A GLUTEN-FREE OPTION

CHOOSE A GLUTEN-FREE BUN FOR +£1

SOURDOUGH MUFFINS

ADD AN EXTRA EGG FOR £0.99 85 Kcal



Avocado & Halloumi

5.99 418 Kcal

Contains: Celery, Gluten (Rye, Wheat), Milk

V 18g PROTEIN

CHOOSE A GLUTEN-FREE BUN FOR +£1



Smoked Salmon & Pickle Dill Cream

8.00 320 Kcal

Contains: Gluten (Rye, Wheat), Milk, Mustard, Fish, Sulphites

Although every care has been taken to remove bones, some may remain.

10g PROTEIN

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BIG BREAKFASTS



Big Breakfast Box

With grilled halloumi

10.00 558 Kcal

Contains: Egg, Milk

GF 40g PROTEIN



The Halloumi Breakfast Box

With green shakshuka

10.00 589 Kcal

Contains: Egg, Milk

V GF 13 41g PROTEIN

PORRIDGE



Blueberry, Honey & Toasted Seeds

4.99 427 Kcal

With Organic Dairy Milk as standard:

Contains: Gluten (Oat), Milk

V 9 14g PROTEIN

Or with Activated Almond M*lk: 361 Kcal

Contains: Gluten (Oat), Nuts (Almond)

V 9



Banana & Cinnamon

4.99 409 Kcal

With Organic Dairy Milk as standard:

Contains: Gluten (Oat), Milk

V 13g PROTEIN

Or with Activated Almond M*lk: 342 Kcal

Contains: Gluten (Oat), Nuts (Almond)

VE



The Ruby Red

4.99 397 Kcal

With Organic Dairy Milk as standard:

Contains: Gluten (Oat), Milk, Nuts (Almond)

V 8 14g PROTEIN

Or with Activated Almond M*lk: 330 Kcal

Contains: Gluten (Oat), Nuts (Almond)

VE 8

YOGHURTS

LIVE YOGHURT & NUTTY GRANOLA



Very Berry Granola

4.49 408 Kcal

Contains: Milk, Nuts (Almond, Cashew, Hazelnut)

V GF 18



Banana & Turmeric Honey Granola

4.49 379 Kcal

Contains: Milk, Nuts (Almond, Cashew, Hazelnut)

V GF 8

SIDES

Hash Browns

2.49 REG 216 Kcal

4.49 LRG 432 Kcal

VE GF



CHOOSE YOUR SAUCE

Your first sauce is on us. Any additional sauces +45p

Korean Mayo
Contains: Egg, Milk, Soya

Ketchup
Contains: Celery

Vegan Aioli
Contains: Soya

Chilli Sauce
Contains: Celery

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Adults need around 2000 kcal a day.

COFFEE

Latte
4.20 195 Kcal

Cappuccino
4.20 168 Kcal

Flat White
4.20 142 Kcal

Americano
3.80 10 Kcal

Mocha
4.30 506 Kcal

Hot Chocolate
4.30 529 Kcal

Chai Latte
4.45 259 Kcal

Unsweetened Matcha Latte
4.50 195 Kcal

Vanilla Matcha Latte
4.50 252 Kcal

Teas & Infusions
3.40 0 Kcal

Yorkshire Tea • Earl Grey • Green • Lemon & Ginger • Peppermint • Decaf

UPGRADE TO **LARGE** +40p

SYRUP SHOTS +99P

ICED OPTIONS AVAILABLE

Choose from Organic Whole and Skimmed Dairy Milk, Oat M*lk or Soya M*lk.

Coconut M*lk +90p



Black Velvet
ICED MATCHA LATTE
4.85 201 Kcal

Our Baristas handcraft our beverages fresh to order. Despite careful allergen handling, cross-contact may occur, so we can't guarantee drinks are allergen-free. Milk alternatives are vegan but may not suit those with milk or egg allergies. Please ask our team for details.