


## SIDES

**GREEN SALAD**   
Mixed leaves, and cucumber  
with fresh parsley and our  
house dressing

**OLIVES** 

**CHIPS**   
With garlic mayo

£4.75	<b>GARLIC FLATBREAD</b> 	£3.95
	<b>GARLIC FLATBREAD WITH CHEESE</b> 	£4.65
£3.95	<b>FRENCH BEANS</b> 	£3.45
£3.60	<b>BAKED BAGUETTE</b>  Served with olive oil and balsamic vinegar	£2.95

## DESSERTS

**CRÊPES ET NUTELLA** £5.55  
Traditional French style crêpes filled with Nutella®

**CRÊPES & SPICED APPLE** £5.55  
With vanilla ice cream

**CHOCOLATE GATEAUX** £4.95  
Warm, melting chocolate cake with vanilla ice cream

**DAIRY ICE CREAM** £4.45  
Choose your flavour : Vanilla, Chocolate or Strawberry

## HOT DRINKS

	REG	LRG
AMERICANO	£2.75	£2.95
ESPRESSO	£2.30	£2.80
CAPPUCCINO	£2.95	£3.10
CAFÉ LATTE	£2.95	£3.10
MACCHIATO	£2.30	£2.80
FLAT WHITE	£3.10	—
MOCHA	£3.15	£3.25
CAFÉ NOISETTE ESPRESSO served with steamed milk, flavoured with Noisette syrup	£3.20	—
HOT CHOCOLATE	£3.05	£3.25
POT OF TEA	£2.35	—

## SOFT DRINKS

**STRATHMORE WATER** £2.45  
Still or Sparkling

**FEVERTREE SOFTS** £2.55  
Ginger Beer / Ginger Ale / Indian Tonic Water  
Mediterranean Tonic Water

**FEVERTREE LIGHT TONIC WATER** £2.40

**PEPSI** £3.15

**DIET PEPSI, LEMONADE,  
TANGO SUGAR FREE** £2.95

**RED BULL** £3.25

**FRESHLY SQUEEZED ORANGE JUICE** £3.15

**FRUIT JUICES** £2.60  
Apple, Orange, Cranberry, Pineapple or Tomato

## HOMEMADE DRINKS


**ICED TEA** £3.75  
Refreshing and fabulous

**POMEGRANATE ICED TEA** £3.75  
Our homemade iced tea  
with a fruity twist

**CITRON PRESSÉ** £3.55  
A French classic! Freshly made with  
lemon juice, water and sugar

**PINK LEMONADE** £3.55  
Homemade lemonade with a  
dash of grenadine

RSPCA Assured (TM) free range eggs  
Meat : All weights are approximate before cooking. 1oz = 28g.  
\*Made using unpasteurised milk.

 These items are suitable for vegetarians, however, we do not have a dedicated preparation or cooking area within our kitchen for vegetarian food. We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you to speak to a member of staff in our restaurants if you have any food allergies or intolerance. Full allergen information relating to our menu items can be found at: <http://restaurantallergens.com/balzarc>. We accept all major currencies and credit cards. All prices are inclusive of VAT at the current rate.

Did you enjoy your meal?  
We would love to know your thoughts, so please feel free to get in contact.  
You can write to us at:  
TRG Concessions, 5-7 Marshalsea Road, London SE1 1EP or email us at [concessions@trgplc.com](mailto:concessions@trgplc.com)

Mon/Mar/10.18

*Bon Appétit*  
**CAFÉ BALZAR**

# MAIN MENU

**PLEASE ORDER  
AT THE BAR**

## BRUNCH

Served all day

### MAGNIFIQUE £10.<sup>65</sup>

Two free range fried or scrambled eggs, two rashers of bacon, Cumberland sausage, Heinz baked beans, grilled tomato, grilled mushroom and chips

### LES LÉGUMES V £8.<sup>55</sup>

Sliced fresh avocado, grilled tomato, roasted peppers, veggie sausage, poached egg and homemade tabbouleh

### BREAKFAST OMELETTE V £7.<sup>95</sup>

Freshly made to order and served with vine tomatoes and a flat mushroom

#### Add fillings £1.00 each

cheese, ham, bacon, tomato, peppers, onions, mushroom

### Deliciously light

#### SCRAMBLED EGGS WITH SMOKED SALMON ON TOAST £9.<sup>50</sup>

Free range scrambled eggs and smoked salmon served on granary toast

### Classically French CROQUES

#### CROQUE MONSIEUR £7.<sup>95</sup>

Wiltshire ham, Cheddar cheese and béchamel sauce

#### CROQUE DE LA MER £9.<sup>75</sup>

Smoked salmon, Cheddar cheese and béchamel sauce

#### CROQUE MADEMOISELLE V £7.<sup>85</sup>

Mixed roasted vegetables, Cheddar cheese and béchamel sauce

**WHY NOT ADD A FRIED EGG,  
A SIDE OF FRIES OR BOTH FOR £1 EACH**

### A little lighter FLATBREADS

An oregano flavoured flatbread topped with fresh ingredients. Choose from:

#### MARGHERITA V £8.<sup>95</sup>

Mozzarella and cherry tomatoes

#### GOATS' CHEESE & ROASTED VEG V £8.<sup>95</sup>

Tunisian spiced ratatouille with goat's cheese, red chillies and za'atar spices

#### HARISSA CHICKEN £9.<sup>95</sup>

Torn harissa spiced chicken, caramelised onion chutney, roasted peppers, chickpeas and mozzarella

## SMALL PLATES

Choose one to start or a few to share

### OLIVES V £3.<sup>95</sup>

### HUMMUS & MUSIC BREAD V £4.<sup>75</sup>

### TOMATO & HARISSA SOUP V £5.<sup>60</sup>

Delicious tomato soup spiced with Harissa and served with a crusty white baguette

### CAMEMBERT V £7.<sup>80</sup>

Baked camembert flavoured with garlic and fresh herbs, served with a delicious cranberry sauce and a crusty baguette

### CHICKEN WINGS £7.<sup>25</sup>

Juicy wings coated in date syrup and za'atar spices and served with Moroccan spiced yoghurt

### CALAMARI £7.<sup>95</sup>

Deep fried squid rings, dusted with za'atar spices and served with garlic aioli

### MEZZE PLATE V £7.<sup>75</sup>

Delicious hummus, falafel, ratatouille and tabbouleh, pomegranate seeds, chickpeas and olive oil and accompanied by a selection of breads

### GARLIC FLATBREAD V £3.<sup>95</sup>

### GARLIC FLATBREAD WITH CHEESE V £4.<sup>65</sup>

## FRESH & HEALTHY

### SALAD NICOISE £10.<sup>95</sup>

A freshly grilled tuna steak on a classic Nicoise salad of French beans with butter, new potatoes, free range boiled egg, tomato, olives and baby gem lettuce. Mixed with fresh basil and parsley and drizzled with an olive oil dressing

### CAESAR SALAD £9.<sup>95</sup>

Baby gem lettuce, crunchy croutons and Grana Padano shavings, tossed in Caesar dressing

### MOROCCAN GRAIN SALAD V £9.<sup>95</sup>

Fruity couscous salad with radish, chickpeas, pomegranate, rocket and baby gem lettuce. All mixed together with fresh herbs and za'atar spices and dressed with a tomato and pine nut dressing

**ADD CHICKEN TO ANY SALAD FOR £2.95**

## LARGE PLATES

Hearty & delicious

### Our signature dish

#### TAGINE BALZAR V £10.<sup>95</sup>

Sweet potatoes, apricots and chickpeas cooked in a homemade spiced sauce, served in a traditional tagine, with a fruit couscous and warm flat bread on the side

#### Add Moroccan Spiced Chicken £11.95

### HALF ROAST CHICKEN & CHIPS £10.<sup>95</sup>

Choose Traditional or Moroccan Marinated Chicken, served with a salad garnish and a side of fries

### HOMEMADE TUNA FISHCAKES £9.<sup>95</sup>

Tuna, potato and spring onion fish cakes served on a green salad with tartar sauce, fresh lemon and chips

### STEAK FRITES £18.<sup>25</sup>

6oz Sirloin steak, seasoned with sea salt and cracked black pepper, served with chips, salad and a béarnaise sauce

### FISH & CHIPS £12.<sup>50</sup>

A Balzar twist on the British classic, freshly prepared fish cooked in a lemon and herb Panko breadcrumb, served with chips

### STEAK & CARAMELISED ONION BAGUETTE £11.<sup>95</sup>

Grilled steak with Dijon mustard mayonnaise, caramelised red onion chutney and tomato

## BURGERS

All our beef burgers are 100% Irish beef and are served in a brioche bun with crispy fries on the side

### THE CLASSIC BURGER £10.<sup>95</sup>

Our carefully crafted beef burger, topped with relish, lettuce, mayonnaise, tomato and red onion

### BACON & CHEESE BURGER £12.<sup>95</sup>

The Classic, topped with bacon and melted cheese

### HALLOUMI & FALAFEL BURGER V £11.<sup>50</sup>

Freshly warmed falafel, sliced halloumi, roasted peppers and rocket on a bed of Moroccan spiced yoghurt

### MOROCCAN SPICED CHICKEN BURGER £12.<sup>50</sup>

Marinated in Moroccan inspired spices, served in a brioche bun with harissa mayonnaise and topped with smashed avocado and tomato and pine nut dressing

### FRENCH BURGER £12.<sup>55</sup>

A juicy 100% beef burger topped with melted brie, caramelised onions, garlic aioli and fresh pea shoots

**ADD FOR 95P**

**bacon, emmenthal cheese, brie,  
mushrooms, avocado, fresh chilli**