

Big FRY UPS

ENGLISH BREAKFAST 11.25

Cumberland sausage, back bacon, fried or scrambled egg, baked beans, tomato, flat mushroom and hash brown

Choose from: fried (611 kcal) or scrambled (801 kcal) eggs

VEGGIE BREKKIE V 11.25

Fried or scrambled egg, vegetarian sausage, hash brown, tomato, baked beans and flat mushroom

Choose from: fried (473 kcal) or scrambled (662 kcal) eggs

Fit for a king!

THE KING'S BREAKFAST 14.75

Two Cumberland sausages, two back bacon rashers, two fried or scrambled free range eggs, black pudding, tomato, baked beans, flat mushroom & hash brown

Choose from: fried (1094 kcal) or scrambled (1105 kcal) eggs

Enjoy with a

FRESH ORANGE JUICE 4.25 (134 kcal)

BREKKIE

Favourites

BACON & EGGS 9.95

Back bacon and fried or scrambled free range eggs on toast

Choose from: white or brown toast with fried (562 kcal) or scrambled (636 kcal) eggs

SMOKED SALMON & SCRAMBLED EGGS 11.95

Smoked salmon and free range scrambled eggs on toast

Choose from: white or brown toast (592 kcal)

SCRAMBLED EGGS V 8.95

Free range scrambled eggs with tomato on toast

Choose from: white or brown toast (583 kcal)

BREAKFAST BAP 7.25

Choose from bacon (407 kcal), Cumberland sausage (620 kcal) or fried egg V (514 kcal) served in a bun

Have it all!

THE FULL WORKS BAP 11.25

Cumberland sausage, back bacon & fried egg, in a bun served with hash browns (789 kcal)

Bakery

Ask your server for today's selection

TOAST V 3.25

with butter (360 kcal)

Add preserves 1.25 (+67 kcal)

FRESHLY BAKED DANISH 3.75

PASTRIES V (325-440 kcal)

FRESHLY BAKED CROISSANT V 3.50

Add preserves 1.25 (+67 kcal)

HAIR OF the dog?

MIMOSA 10.25

Good morning sunshine! Prosecco and fresh orange juice

BLOODY MARY 11.95

JJ Whitley Vodka, salt, pepper, Worcestershire sauce, served tall over tomato juice with a dash of Tabasco

Why not add to your brekkie favourites

SMOKED SALMON (77 kcal) 3.95

SMASHED AVOCADO V (134 kcal) 3.25

HASH BROWNS V (161 kcal) 2.50

BLACK PUDDING (138 kcal) 1.95

Fancy a

BREW?

AMERICANO (13 kcal) 3.75

LATTE (193 kcal) 4.25

CAPPUCCINO (189 kcal) 4.25

FLAT WHITE (97 kcal) 4.25

MOCHA (253 kcal) 4.50

ESPRESSO reg (1 kcal) 3.25 | lrg (1 kcal) 3.75

MACCHIATO reg (5 kcal) 3.25 | lrg (11 kcal) 3.75

HOT CHOCOLATE (293 kcal) 4.25

HOT CHOCOLATE WITH CREAM (322 kcal) 4.50

TEA 3.25

A selection of regular, fruit and herbal teas (0 kcal)

SOYA DRINK AVAILABLE

Please ask when ordering if you'd prefer this

WANT THE TASTE WITHOUT THE BUZZ?

Any of our coffees can be made as decaf

WANT EXTRA BUZZ?

Add an extra shot of espresso for just 75p (+1 kcal)

Gluten free? Gluten free dishes are available. Please ask your server.

V **VEGETARIAN** These dishes do not contain meat or fish, however we do not have a dedicated preparation or cooking area within our kitchen for vegetarian food.

ALLERGIES We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you speak to a member of staff if you have any food allergies or intolerance. Or visit our interactive site for more details www.restaurantallergens.com/barmcr. Adults need around 2000 kcal a day. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For the latest calorie information please visit our website. We accept Visa, MasterCard, Maestro and American Express. All major currencies are accepted. As a result of the changes to VAT in restaurants and pubs, our menu includes items with a range of VAT rates. We welcome your feedback, please speak to a member of our management team or email us at: concessions@trgplc.com - 0922



In a hurry?

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ASK US FOR THE BILL WHEN ORDERING.

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