

SSP_BARS_MENU_022589





The GRAIN LOFT BEER, WINE & FOOD —

HOT DRINKS

CAPPUCCINO 80 kcal

LATTE 101 kcal

FLAT WHITE 97 kcal

AMERICANO 28 kcal

ESPRESSO 6 kcal

DOUBLE ESPRESSO 12 kcal

MOCHA 209 kcal

HOT CHOCOLATE 214 kcal

ENGLISH BREAKFAST TEA 14 kcal

EARL GREY TEA 14 kcal

HERBAL TEAS 0 kcal

Add Hazelnut, Caramel or Vanilla Syrup

All hot drink calories are based on regular serving size. Other sizes are available, please ask your server.

IMPORTANT DIETARY INFORMATION

Ingredients & Allergen information

We do occasionally have to substitute products and amend our recipes so you must advise us of any allergies / dietary requirements on every visit. We do use most, if not all allergens in our kitchens and we also cook different foods in the same equipment. Allergen information is available on all intentional ingredients, please ask your server for our allergens table. Should you require more information on any may contains or potential cross-contact, then please ask your server at the time of ordering.

Vegan / Vegetarian

Some of our vegan / vegetarian items may be cooked in the same equipment / fried in the same oil as meat and fish products.

Please ask your server for information on any specific dishes and we will be able to advise to enable an informed choice.

Our vegan dishes may pose a potential risk of cross-contamination as these may be prepared using shared equipment and therefore not suitable for customers with dairy allergies or other strict dietary requirements

NGC

Our NGCI dishes consist of non-gluten containing ingredients only.

Where there is an option to swap a bun to a non-gluten bun, please note this does not necessarily mean the whole dish is gluten free and therefore please ask your server to check the other ingredients.

Other notes

Our meat & fish dishes may contain bones

All prices include 20% VAT.

ALL DAY MENU

Served from 11am

Go Contactless! Order food to your table

Use the Camera or Google Assistant on your phone Hover over the QR code



3 Order and pay on your phone

Adults need around 2000 kcal a day

BURGERS

Add any Dessert to

4

DOUBLE UP YOUR CHIPS OR SWAP TO SWEET POTATO FRIES FOR £1.00

Served in a classic bun with a side of chips

CHICKEN KATSU BURGER

Buttermilk chicken loaded with katsu curry sauce and curried slaw 1125 kcal

CHEESE & BACON CHICKEN BURGER 14.49

12.50

12.50

Buttermilk chicken fillet topped with cheese, streaky bacon, lettuce and burger sauce 1198 kcal

CHEESE & BACON BEEF BURGER

Beef patty topped with cheese, lettuce, streaky bacon and burger sauce 1210 kcal

CHICKEN BURGER

Buttermilk chicken fillet, lettuce and burger sauce 981 kcal

CHEESE BURGER 12.50 Beef patty topped with cheese, lettuce and burger sauce 1071 kcal

PLANT-BASED CHICK'N BURGER VE*

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Plant-based chick'n style patty topped with lettuce and vegan burger sauce 864 kcal

> Swap your Bun to a Non-Gluten Containing Ingredient Bun NGCI* 1.00

16.49

14.49

PHILLY CHEESE STEAK BEEF BURGER ef patty loaded with sliced sirloin steak, onions

16.49 peppers, cheese, lettuce and burger sauce 1145 kcal

LOAD

YOUR BURGER! One Rasher of Streaky Bacon 70 kcal £1.29 Pulled Pork 89 kcal £2.49 American Cheese V* 78 kcal £1 Mini Coleslaw VE* 150 kcal £1.29 Side Salad VE* 85 kcal £1.29

After a record breaking crowdfunding campaign and a sell-out pop up in Soho in 2017, Fanny's Kebabs, named after power woman Fanny Cradock, has become famous for their modern day take on the traditional kebab. From one kehab lover to another

Perfectly

Persian Salt

paired with

Chips

SWISH CHICKEN 16.99 LAZY LAMB **KEBAB & CHIPS**

Shish style marinated chicken thigh. Served with house mixed salad, sriracha sauce, herby yoghurt and red onions in a Khobez wrap, served with a side of Persian chips 1192 kcal **CHOOSE TO GO NAKED! SWAP YOUR WRAP**

FOR SALAD 928 kcal

SHARERS

AVOCADO WEDGES

crispy avocado wedges served

with sriracha mayonnaise 403 kcd

5.99

KEBAB & CHIPS Lamb kofta marinated in a herby yoghurt. Served with house mixed salad, sriracha sauce, herby yoghurt and red onions in a Khobez wrap, served with a side of Persian chips 1374 kcal **CHOOSE TO GO NAKED! SWAP YOUR WRAP** FOR SALAD 1109 kcal

17.99 FALAFEL HUMMUS 14.99 KEBAB & CHIPS V*

Big ol' pea falafels with lots of hummus. Served with house mixed salad, sriracha sauce, herby yoghurt and red onions in a Khobez wrap, served with a side of Persian chips 1146 kcg **CHOOSE TO GO NAKED!** SWAP YOUR WRAP FOR SALAD 878 kcal

SIDES

PERSIAN CHIPS V* 4.99 Chips tossed in our Persian salt (including Za'atar & Mint) 492 kcal

V* = VEGETARIAN VE* = VEGAN

NGCI = NON-GLUTEN CONTAINING INGREDIENTS

Please read information on the reverse of your menu regarding these descriptions

Please Ask For **Our Kids Menu**

Adults need around 2000 kcal a day

Please read important information on the reverse of this menu relating to our vegetarian, vegan and NGCI options, as well as important **allergen** information, to ensure they meet your personal dietary requirements

PUB CLASSICS

Add any Dessert to

DOUBLE UP YOUR CHIPS OR SWAP TO SWEET POTATO FRIES FOR £1.00

15.99

16.99

15.99

15.49

13.99

9.99

VEGGIE PIE & MASH **V**[⋆]

Cauliflower and spinach balti pie served with mash, peas and gravy 776 kcal

Make it vegan! VE* Swap Mash to Chips

STEAK & ALE PIE

Traditional Hereford Steak and ale pie served with mash, peas and gravy 1107 kcal

Swap Mash to Chips

FISHERMAN'S TRIO

Freshly battered king prawns, calamari and half battered fish, served with chips, minted peas and tartare sauce 1223 kcal

SAUSAGE & MASH 12.50

Three British Cumberland pork sausages and mash, served with minted peas and gravy 818 kcal

CHICKEN TIKKA MASALA

Classic chicken tikka masala served with rice, mango chutney and poppadom 831 kcal

ALL DAY BREAKFAST Served until 4pm 12.99

Two British Cumberland pork sausages, two rashers of back bacon, two free range fried eggs, roasted tomato, baked beans and chips, served with toast & butter 1345 kcal

Two vegan sausages, two free range fried eggs, homemade smashed avocado, roasted tomato baked beans and chips, served with toast & butter 1109 kcal

THREE BEAN CHILLI VE' NGCI'

Smoky bean and roasted vegetable chilli served with basmati rice and tortilla chips 746 kcal

Add Guacamole VE* 31 kcal +1.29

FISH & CHIPS 15.99

battered of the day chips, minted peas and



BBO HALF CHICKEN

16.99

BBQ half chicken served with chips and slaw 1338 kcal

CHICKEN & BACON CLUB STACK

12.99

A classic triple stacked club with buttermilk chicken, back bacon, egg mayonnaise, tomato and lettuce, served with salted potato crisps 1130 kcal

Swap Crisps to Chips +2.00

EASY ADD ONS!

One Slice of Bread & Butter V*£1.29 Brown 166 kcal or White 162 kcal Side Salad VE*85 kcal £1.29

Gravy VE* 25 kcal **£1.29**

Minted Peas VE* 147 kcal £1.29

Mini Coleslaw VE* 150 kcal £1.29

One Slice of Garlic Bread V* 102 kcal £1.99

SALADS & SHARERS

MEXICAN STEAK SALAD

• CLASSIC VEGETARIAN ▼* 356 kcal

14.99 Sliced sirloin steak tossed with lettuce, onions, peppers,

jalapeños, tortillas, guacamole and sour cream 518 kcal

CAESAR SALADS V*

Lettuce, grated Italian style cheese, and homemade croutons, tossed in Caesar dressing

• WITH BUTTERMILK CHICKEN & 11.99 STREAKY BACON 773 kcal • WITH PLANT-BASED CHICK'N ▼* 555 kcal 11.99

ULTIMATE NACHOS Perfect for 2! 12.99

Cheesy tortilla chips with BBQ pulled pork, sour cream, jalapeños, guacamole, salsa and sriracha 1123 kcal

• WITHOUT PORK ▼* 962 kcal 10.49

LOADED CHIPS Any 3 for 16.99. Perfect for sharing • CHICKEN KATSU 522 kcal 6.99

• FIRECRACKER CHICKEN 570 kcal 6.99 • PLANT-BASED CHICK'N KATSU VE* 533 kcal 6.99

• PLANT-BASED FIRECRACKER CHICK'N V * 581 kcal 6.99 • CHEESY BACON 531 kcal

5.19

FRIES & SIDES

SWEET POTATO FRIES VE* 461 kcal 4.99 CHEESY CHIPS V* 462 kcal 4.99 CHEESY GARLIC BREAD ▼* 308 kcal 4.19 GARLIC BREAD V* 204 kcal 4.00 MAC & CHEESE V* 514 kcal 7.29 CHIPS VE* 402 kcal 4.29

DESSERTS

Add any Dessert to

5.55

WARM CHOCOLATE BROWNIE W* 5.49 Served with vanilla ice cream and chocolate sauce 615 kcal

VANILLA ICE CREAM **V**[⋆] 4.50 Three scoops of vanilla ice cream 282 kcal

BELGIAN WAFFLES V*

Served with maple syrup and vanilla ice cream 1044 kcal

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