

KIDS



- THE -
BRIDGEWATER EXCHANGE

• MANCHESTER •

BREAKFAST 6.75

Served until 11am

Mini Full English

Choose 4 items from:

Bacon (86 kcal) | Sausage (168 kcal) | Baked Beans VG (74 kcal) |
Fried V (115 kcal) or Scrambled Eggs V (169 kcal) |
Potato Tots VG (197 kcal) | Roasted Tomato VG (18 kcal) |
Toast V - White (167 kcal), Brown (179 kcal) or
Gluten Free GF (112 kcal) |

Fluffy Pancakes

Fresh and fluffy topped with:

Maple Syrup V (488 kcal) | Bacon & Maple Syrup (660 kcal) |
Strawberries & Strawberry Jam (463 kcal)

Porridge V

Made with your choice of water (141 kcal), coconut (174 kcal)
or semi-skimmed milk (189 kcal), drizzled with honey
Add Banana (+71 kcal)

All served with your favourite drink from below!

MAIN MEAL, A DRINK & ICE CREAM 9.00

Served from 11am

MAINS

Beef Burger

With a choice of side: Baked beans (775 kcal) or chips (924 kcal)
Add melting cheddar cheese on us! (+83 kcal)

Fish* & Chips

With a choice of side: Baked beans (623 kcal)
or peas (645 kcal)

Grilled Chicken & Mash GF

With a choice of side: Baked Beans (304 kcal) or peas (326 kcal)

Bangers & Mash

With a choice of side: Baked Beans (542 kcal) or peas (564 kcal)

Mac & Cheese V

With salad on side (631 kcal)

ICE CREAM

Vanilla V GF (83 kcal) | Strawberry V GF (82 kcal) | Chocolate V GF (90 kcal) | Stracciatella VG GF (88 kcal)

DRINKS

Fruit Juice 5oz

Apple (67 kcal) | Orange (67 kcal) | Pineapple (77 kcal) |
Tomato (28 kcal) | Cranberry Juice Drink (68 kcal)

Still or Sparkling Water (0 kcal)

Squash

Orange (3 kcal) | Blackcurrant (4 kcal)

Milk

Semi-skimmed (68 kcal) | Coconut (47 kcal) | Oat (85 kcal)

V Vegetarian VG Vegan GF No Gluten

V These dishes are made from ingredients that do not contain meat or fish. VG These dishes are not made with any animal products. GF Dishes are made from products which do not contain gluten as an ingredient. However we do not have a dedicated preparation or cooking area for vegetarian, vegan or gluten free food.

*Fish dishes may contain small bones. TRG Concessions only use RSPCA™ Assured Free Range eggs in our restaurants. We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you speak to a member of staff if you have any food allergies or intolerance. Or visit our interactive site for more details www.restaurantallergens.com/bridgewater

The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For the latest calorie information please visit our website. We accept Visa, MasterCard, Maestro and American Express.

All major currencies are accepted. All prices are inclusive of VAT at the current rate. All prices are in pound sterling. We welcome your feedback, please speak to a member of our management team or email us at: concessions@trgplc.com 0223