

From the BAKERY

TOAST  **£2.50**

Two slices of white or wholemeal toast, served with butter and preserve

TOASTED BRIOCHE  **£4.25**

Toasted brioche served with blueberry compote and butter

CROISSANT  **£2.40**

Served with butter and preserves

PAIN AU CHOCOLAT  **£2.60**

DANISH PASTRIES  **£2.60**

Ask your server for today's selection of freshly baked pastries

MUSHROOM, SPINACH & CHEESE CROISSANT **£4.95**


HAM & CHEESE CROISSANT **£4.95**

HOT DRINKS

	REG	LRG
AMERICANO	£2.75	£2.95
ESPRESSO	£2.30	£2.80
CAPPUCCINO	£2.95	£3.10
CAFÉ LATTE	£2.95	£3.10
MACCHIATO	£2.30	£2.80
FLAT WHITE	£3.10	—
MOCHA	£3.15	£3.25
CAFÉ NOISETTE ESPRESSO served with steamed milk, flavoured with Noisette syrup	£3.20	—
HOT CHOCOLATE	£3.05	£3.25
POT OF TEA	£2.35	—

RSPCA Assured (TM) free range eggs.

Meat : All weights are approximate before cooking. 1oz = 28g.

 These items are suitable for vegetarians, however, we do not have a dedicated preparation or cooking area within our kitchen for vegetarian food. We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you to speak to a member of staff in our restaurants if you have any food allergies or intolerance. Full allergen information relating to our menu items can be found at: <http://restaurantallergens.com/balzarc>. We accept all major currencies and credit cards. All prices are inclusive of VAT at the current rate.

Did you enjoy your meal?

We would love to know your thoughts, so please feel free to get in contact.

You can write to us at:

TRG Concessions, 5-7 Marshalsea Road, London SE1 1EP or email us at concessions@trgplc.com

NonBreakfast_10_18

Bon Appétit
CAFÉ BALZAR

**BREAKFAST
MENU**

**PLEASE ORDER
AT THE BAR**

TRADITIONAL PLATES

MAGNIFIQUE £10.⁶⁵

Two free range fried or scrambled eggs, two rashers of bacon, Cumberland sausage, Heinz baked beans, grilled tomato, grilled mushroom and toast

LES LÉGUMES £8.⁵⁵

Sliced fresh avocado, veggie sausage, grilled tomato, roasted peppers, poached egg and homemade tabbouleh


CLASSIQUE £8.³⁵

Free range fried or scrambled egg, bacon, Cumberland sausage, Heinz baked beans, grilled tomato and a grilled mushroom

Warming

BREAKFAST BAGUETTE

Warm, crusty baguettes. Choose from:

Back Bacon £5.55 **Cumberland Sausage** £5.55
Free Range Eggs  £5.25 **Bacon, Egg & Sausage** £6.55

FRENCH TOAST

Two slices of brioche French toast topped with your choice of:

BACON & MAPLE SYRUP £6.⁹⁵

OR

**FRESH ORANGE, APRICOT,
 POMEGRANATE, NUTS & YOGHURT ** £6.⁹⁵

Freshly filled CROQUES

CROQUE MONSIEUR £7.⁹⁵

Wiltshire ham, Cheddar cheese and béchamel sauce

CROQUE DE LA MER £9.⁷⁵

Smoked salmon, Cheddar cheese and béchamel sauce

CROQUE MADEMOISELLE £7.⁸⁵

Mixed roasted vegetables, Cheddar cheese and béchamel sauce

ADD A FRIED EGG FOR £1

All our eggs are
FREE RANGE

EGGS BENEDICT

Two poached free range eggs on toasted brioche with hollandaise and a sprinkle of chives

Classic Benedict with Wiltshire ham £8.⁵⁵

Florentine  with spinach £8.⁵⁵

Royale with smoked salmon £8.⁹⁵

EGGS ON TOAST  £6.²⁵

Choose Scrambled, Poached or Fried

BREAKFAST OMELETTE  £7.⁹⁵

Freshly made to order and served with vine tomatoes, and a grilled mushroom

Add fillings £1.00 each

cheese, ham, bacon, tomato, peppers, onions, mushroom, parma ham

EGG WHITE OMELETTE  £7.⁸⁵

Free range egg white omelette filled with mixed roasted vegetables and spinach, served with vine tomato and a flat mushroom

A little extra special


**SCRAMBLED EGGS WITH
 SMOKED SALMON ON TOAST** £9.⁵⁰


Free range scrambled eggs and smoked salmon served on granary toast

FRESH & LIGHT

PORRIDGE £3.⁹⁵

Made as you like it with water, milk or soya and your choice of topping from:

**Banana, Honey,
 Pomegranate
 & Seeds **

**Apricot,
 Date &
 Pomegranate **

**Apple &
 Cinnamon
 Compote **

SMASHED AVOCADO ON TOAST  £7.⁶⁵

Smashed avocado salsa with chilli and coriander on thick white toast

HOMEMADE GRANOLA SUNDAE  £5.⁶⁵

A layering of homemade granola, sticky dates, fruit salad and pomegranate seeds, mixed with Greek style yoghurt and a drizzle of honey

ADD A SPARKLE TO YOUR BREAKFAST

MIMOSA £8.⁷⁵

Lanson Black label and orange juice